

PRE-ATHLETIC TRAINING PLANNING GUIDE (CORE 34)

Pre-Athletic Training is a track made up of courses required for entry to KU's Master of Science in Athletic Training at KUMC. Students complete these requirements alongside the bachelor's degree of their choice. Exercise Science is the recommended undergraduate degree, but there is no preferred degree. A minimum 3.0 GPA (cumulative and pre-requisites) is required.

Admission Deadline: A rolling admission process will begin on July 1 when the online ATCAS application opens. The deadline is March 15.

More information can be found by visiting prehealth.ku.edu.

REQUIRED	OPTIONS AT KU	CORE 34 (FALL 2024 & AFTER)	NOTES
Biology w/ lab	BIOL 100 & BIOL 102 or BIOL 150* & BIOL 154	NPS	
Human Anatomy w/ lab	BIOL 240 & BIOL 241	NPS	
Human Physiology w/ lab	BIOL 246 & BIOL 247	NPS	
Kinesiology or Biomechanics	HSES 369 or HSES 470		Must be admitted to the Exercise Science program or receive special permission.
Exercise Physiology	HSES 372		Must be admitted to the Exercise Science program or receive special permission.
Personal & Community Health	HSES 260		
Nutrition	HSES 330		
Psychology	PSYC 104	SBS	
Physics	PHSX 114*	NPS	
Chemistry	CHEM 110 or CHEM 130*	NPS	CHEM 110 offered spring semester only.
Statistics	MATH 365*, PSYC 210 or HSES 310	MTS	HSES 310 requires admission to the School of Education and Human Sciences and does not fulfill Core 34 MTS requirement.

***Courses marked with an asterisk have pre-requisites not already listed above. Please see a Pre-Health Academic Advisor for guidance.**

THINGS TO CONSIDER

- No grades lower than a C will be accepted.
- One combined anatomy/physiology course that is at least 5 hours with a lab component may be used to fulfill both the anatomy and physiology requirements.
- Preference is given to applicants with 80% or higher completion of program pre-requisites at the time of application. All pre-requisite coursework must be completed before the start of the program.
- The application process includes a personal statement and three references. One of those references must be from a credentialed athletic trainer and the other two should be from a faculty member, advisor, or employer.
- Applicants must possess a general understanding of health care and athletic training. A minimum of 40 hours of observation or volunteer experience with a credentialed athletic trainer is recommended.