

## PRE-ATHLETIC TRAINING PLANNING GUIDE (KU CORE)

**Pre-Athletic Training** is a track made up of courses required for entry to KU's Master of Science in Athletic Training at KUMC. Students complete these requirements alongside the bachelor's degree of their choice. Exercise Science is the recommended undergraduate degree, but there is no preferred degree. A minimum 3.0 GPA (cumulative and pre-requisites) is required.

**Admission Deadline:** The deadline is March 15. A rolling admission process will begin on July 1 when the online ATCAS application opens.

More information can be found by visiting [prehealth.ku.edu](http://prehealth.ku.edu).

### REQUIRED

\*Courses marked with an asterisk have prerequisites not already listed above. Please see a Pre-Health Academic Advisor for guidance.

- Biology with lab
  - Options at KU: BIOL 100 & BIOL 102 or BIOL 150\* & BIOL 154
  - KU Core 3N
- Human Anatomy with lab
  - Options at KU: BIOL 240 & BIOL 241
- Human Physiology with lab
  - Options at KU: BIOL 246 & BIOL 247
- Kinesiology or Biomechanics
  - Options at KU: HSES 369 or HSES 470
  - Notes: Must be admitted to the Exercise Science program or receive special permission.
- Exercise Physiology
  - Options at KU: HSES 372
  - Notes: Must be admitted to the Exercise Science program or receive special permission.
- Person & Community Health
  - Options at KU: HSES 260
- Nutrition
  - Options at KU: HSES 330
- Psychology
  - Options at KU: PSYC 104
  - KU Core 3S
- Physics
  - Options at KU: PHSX 114\*
  - KU Core 1.1 or 3N
- Chemistry
  - Options at KU: CHEM 110 or CHEM 130\*
  - KU Core 3N
  - Notes: CHEM 110 is offered spring semester only.
- Statistics
  - Options at KU: MATH 365\*, PSYC 120, or HSES 310
  - KU Core 1.2
  - Notes: HSES 310 required admission to the School of Education and Human Sciences and does not fulfill KU Core Goal 1.2

#### THINGS TO CONSIDER

- No grades lower than a C will be accepted.
- One combined anatomy/physiology course that is at least 5 hours with a lab component may be used to fulfill both the anatomy and physiology requirements.
- Preference is given to applicants with 80% or higher completion of program prerequisites at the time of application. All pre-requisite coursework must be completed before the start of the program.
- The application process includes a personal statement and three references. One of those references must be from a credentialed athletic training and the other two should be from a faculty member, advisor, or employer.
- Applicants must possess a general understanding of health care and athletic training. A minimum of 40 hours of observation or volunteer experience with a credentialed athletic trainer is recommended.